HOSTED BY FOX & FEATHER

## SOULCOLLAGE® for Providers

Explore and create to nourish professional identity

SUNDAY, FEBRUARY 23<sup>RD</sup>, 2020

9:00 AM-12:00 PM

75 Carter Drive Guilford, CT 06413

\$40: includes materials

SoulCollage® is a creative process through which we create collages on individual cards. If we were to imagine our entire being (mind, body, and spirit) as an ocean, each card represents one drop from our ocean. All the various pieces of our existence emerge on the cards. For example, one card may be The Healer, another The Impatient Colleague, and yet another The Celebrated Child. SoulCollage® affords us the opportunity to understand all our unique facets. Over time, we develop our own deck of cards which can then be used for guidance.

The intent of this group is to open a space in which providers may gather and create. Whether it be a mental health, medical, teaching, or alternative healing role, providers need to enter their own personal realm of safety. SoulCollage® is an ideal process for identifying our professional areas of strength, and those of challenge.



Led by: Sarah Guercia, MA, ATR-BC, LPC and Abby MacKinnel, MA, ATR-BC, LPC

Sarah owns and operates Fox and Feather Healing Arts Services, LLC in Guilford, a creative-arts therapeutic practice serving adult women on their journeys towards wholeness. Both Abby and Sarah are licensed professional counselors, board certified art therapists, and trained SoulCollage® facilitators.

Pre-registration required-Please email Sarah at: sarahguercia@gmail.com

www.foxfeatherhealingarts.com